

Exploring the impact of recipe-boxes on dietary quality and food agency: a pilot RCT in households with school-aged children in Birmingham

Privacy Statement

What will happen to information about me collected during the study?

Information we collect during the course of the research will be kept strictly confidential. Any information about you will have your name removed so that you cannot be recognised from it and it will not be used or made available for any purpose other than for research.

With your permission, information will be stored anonymously at the MRC Epidemiology Unit for future research. Codes connecting your individual identity to the stored data records will be kept separately. The database containing personal information is on a secured network drive on computers in the MRC Epidemiology Unit, University of Cambridge and can only be accessed by necessary members of the Recipe-box study team.

The contact information you provide such as email address, phone number(s) and home address will be used by the research team to keep you informed about your participation in the study. In any such event that it may be necessary for the study team to use an external company to manage this process, for example to send SMS, the company will be General Database Protection Regulation (GDPR) compliant.

Approval will be sought from you at the time of providing informed consent to also use your email address for the purpose of sending study related communications such as newsletters from MRC Epidemiology Unit, study specific updates and invites to study related events. A secure service will be used, provided by a GDPR compliant company. You will be able to change your mailing preferences at any time.

In order to verify that your details match the details of the person ordering through Gousto's website, we will share your name, email, phone number, and home address with Gousto via Secure File Transfer Protocol (sFTP). We will NOT share any other personal data with Gousto.

MEL-Research will have separately asked for your consent for Gousto to share your ordering data with us via Secure File Transfer Protocol (sFTP). This includes things like which recipes you order, what portions, and the price. This data will NOT include your financial details (e.g. credit card information).

Occasionally our studies may be monitored by our Sponsor, University of Cambridge. This is to ensure our research is conducted soundly. This procedure is routine and carried out by fully qualified personnel and data confidentiality will be adhered to at all times. At the end of the study the confidential records will be kept for up to 20 years and then destroyed.

The University of Cambridge is the sponsor for this study based in the United Kingdom. We will be using information from you in order to undertake this study and will act as the data controller for this. Gousto will be the data controller for the data they collect on your ordering activity and The University of Cambridge will be the data processor.

Your rights to access, change or move your information are limited, as we need to manage your information in specific ways in order for the research to be reliable and accurate. If you withdraw from the study, we will keep the information about you that we have already obtained. To safeguard your rights, we will use the minimum personally identifiable information possible.

You can find out more about how we use your information at:

<https://www.information-compliance.admin.cam.ac.uk/data-protection/medical-research-participant-data>

What will happen to the results of the study?

When the study is completed, the results will be published in research journals so that researchers, health professionals and policymakers can see the results. Your identity and personal details will always be kept confidential. No information that could identify you, like your name, will be published in any report about this study. We will provide you with a summary of our findings from the study through our newsletters, emails and social media.

Who is organising and funding the study?

This trial is organised by the MRC Epidemiology Unit, part of the University of Cambridge and is part of the SALIENT research programme.

The study is funded by an Economic and Social Research Council (ESRC) grant. The study is sponsored by the University of Cambridge.

Who has reviewed the study?

This trial has been reviewed by an independent group of people, called the Research Ethics Committee, to protect your safety, rights, wellbeing and dignity. The study has been given a favourable opinion by the Cambridge School of Humanities and Social Sciences Research Ethics committee.

Who do I contact if I want to make a complaint?

If you remain unhappy and wish to complain formally, the normal University of Cambridge complaints process is available to you through the University of Cambridge Clinical School Secretary:

Telephone: 01223 333543

Email: SchoolSec@medschl.cam.ac.uk

What should I do if I want to withdraw from the study?

You are free to withdraw at any time, without giving a reason. In this instance, please inform the study team at recipebox.study@mrc-epid.cam.ac.uk