

# Information Sheet for Young People

The Children's Road Safety Around School Study (CROSS)

## 1. What is a research study?

Imagine you have a big question or want to learn something new, like how plants grow or why the sky is blue. A research study is when grown-ups, like scientists or researchers, decide to find answers to these questions. They do this by asking lots of people to help them. These helpers might be young people, like you, or adults who agree to be a part of the study.

Sometimes, the researchers might ask these people to do special tasks, answer questions, or even just talk about their experiences. Then, the researchers look at all the information they collected to figure out the answer to their big question.

So, a research study is like a big adventure where everyone works together to learn something new and exciting!

## 2. What is the CROSS study about?

We want to find out more about special rules for traffic near schools. These rules are called traffic restriction schemes and they try to decrease how many cars there are around your school.

In the CROSS study, we're checking out how these rules might change how you get to and from school.

## 3. What will I be asked to do?

A researcher from the University of Cambridge will plan to come along with you and your family for at least two trips to school, or we can plan for you to take pictures of your school

### Summary

We're really excited that you might want to be a part of our study!

This paper has some information about the study and what we'll be doing. We want to learn more about your experiences going to and from school. There are two ways you can help us:

We might come with you and your family on your way to school or back home.

Or,

We might ask you and your family to take some pictures of your journey, and then we'll talk about them later.

You don't have to join if you don't want to.

If you want to know more, just let us know! really happy to talk to you!

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journey. Then, we will talk about them whenever it's best for you. You can use your own camera, or we can give you one!

The researcher will ask some questions about how you go to school, how you decide how to get there, and if anything has changed about going to school.

#### **4. Who can take part?**

You can take part if you are in **year 3** or **year 6**.

#### **5. Do I have to take part?**

No, it is completely up to you! If you do decide to take part you can stop at any time!

#### **6. Why should I take part?**

**The things we learn from this study will help us understand how traveling affects people's health and if rules about traffic work. Learning about your journey will help us with this and make plans for the future.**

**Also, while you're helping with the study, you'll get to learn about some of the cool research we do at the University of Cambridge. And as a thank you for joining in, your family will get a £30 Amazon voucher!**

#### **7. I am interested in taking part, what do I do next?**

Your parent/carer will have some information on how you can take part. Together you can sign up either online using the link below, or your school will give you a paper form.

**Website:** <https://www.mrc-epid.cam.ac.uk/research/studies/cross/>

**Email:** [cross.study@mrc-epid.cam.ac.uk](mailto:cross.study@mrc-epid.cam.ac.uk)

**Phone:** +44 (0) 1223 746877

## **Thank you for taking the time to consider taking part!**

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